

CRANBROOK FREE FOOD

Updated Jan 19, 2022



FOOD BANK: 1624 Industrial Road 2 426-7664

STREET ANGELS: 46 17th Ave S 420-2756

ANKORS: 46 17 Ave S 426-3383

SALVATION ARMY: 533 Slater Rd 426-3612

St. Aidan Orthodox: 201 7th Ave S 420-1582

St. Mary's Church: 39 10th Ave S 426-4266

Ekklesia Millenium Society: 217 Industrial Rd F (Basement) 250-426-5350 **Meals/Delivery/Shuttle**

MOBILITY ISSUES? FOOD BANK: Deliveries and Emerg/Mini Hampers available. **SALVATION ARMY:** *Home Meals (fresh & frozen) Delivery M, W, F.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p><u>BEVERAGES, SNACKS</u> @Street Angels 9am-7pm @Salvation Army 9:30-11am @Ankors – 10am – 2pm</p> <p><u>BREAKFAST</u> @ St Aidan 7:30-9:30am @St Mary's Church 8-10am (small food hamper, 3rd Monday every month)</p>	<p><u>BEVERAGES, SNACKS</u> @Street Angels 9am-7pm @Salvation Army 9:30-11am @Ankors 10am – 2pm @Food Bank 9-12:30pm</p>	<p><u>BEVERAGES, SNACKS</u> @Street Angels 9am-7pm @Salvation Army 9:30-11am @Ankors – 10am – 2pm</p> <p><u>BREAKFAST</u> @St Aidan 7:30-9:30am (1st & 2nd Wed every month)</p>	<p><u>BEVERAGES, SNACKS</u> @Street Angels 9am-7pm @Salvation Army 9:30-11am @Ankors – 10am – 2pm</p>	<p><u>BEVERAGES, SNACKS</u> @Street Angels 9am-7pm @Salvation Army 9:30-11am @Ankors – 10am – 2pm</p> <p><u>BREAKFAST</u> @ Ankors 8-10:30am</p>	<p><u>BEVERAGES, SNACKS</u> @Street Angels 10 -7pm</p>
<p><u>FOOD BANK</u> -Bread Shed 24/7 & sweets -HAMPER (food for ~5days) Fresh Veg/Frt, Dairy, Eggs, Meat/Fish/Poultry, non-perishables, toiletries, baby. Every 2 wks if needed. Phone 9:30am-12:30pm M, W, F to book afternoon pickup time.</p>	<p><u>FRESH FOOD GIVEAWAY</u> @ Salvation Army 12:00pm (bring own bag)</p>	<p><u>FOOD BANK</u> -Bread Shed 24/7&sweets -HAMPER (food for ~5days) Fresh Veg/Frt, Dairy, Eggs, Meat/Fish/Poultry, non-perishables, toiletries, baby. Every 2 wks if needed. Phone 9:30am-12:30pm M, W, F to book afternoon pickup time.</p>	<p><u>FRESH FOOD GIVEAWAY</u> @ Salvation Army 12:00pm (bring own bag)</p>	<p><u>FOOD BANK</u> -Bread Shed 24/7& sweets -HAMPER (food for ~5days) Fresh Veg/Frt, Dairy, Eggs, Meat/Fish/Poultry, non-perishables, toiletries, baby. Every 2 wks if needed. Phone 9:30am-12:30pm M, W, F to book afternoon pickup time.</p>	
<p><u>LUNCH</u> @Salvation Army 11:30-12:30pm</p> <p><u>SUPPER</u> @Street Angels 5pm</p>	<p><u>LUNCH</u> @Salvation Army 11:30-12:30pm</p> <p><u>SUPPER</u> @Street Angels 5pm</p>	<p><u>LUNCH</u> @Salvation Army 11:30am</p> <p><u>SUPPER</u> @Street Angels 5pm</p>	<p><u>LUNCH</u> @Salvation Army 11:30-12:30pm</p> <p><u>SUPPER</u> @Street Angels 5pm</p>	<p><u>LUNCH</u> @Salvation Army 11:30-12:30pm</p> <p><u>SUPPER</u> @Street Angels 5pm</p>	<p><u>SUPPER</u> @Street Angels 5pm</p>

FOOD PANTRIES

(☼ Filled by Healthy Caring Meals. Food from Cranbrook Food Bank and the public)



Cranbrook Locations:

1. 1962 Kokanee Cresc.
2. 111 8th Ave S. (across from old Food Bank)
3. 209A 16th Ave N (Community Connections)
4. 126 17th Ave S. (back lane 17A Ave S)
5. 33 724 Innes Ave
6. 421 Briar Ave NW